September					
Monday	Tuesday	Wednesday	Thursday	Friday	
5	6	7	8	9	
12	13	14	15	16	
19 Practice: 3:15 - 5:00	20	21	22	23	
26 Practice: 3:15 - 5:00	27	28	29	30	

October					
Monday	Tuesday	Wednesday	Thursday	Friday	
3	4	5	6	7	
10	11	12	13	14	
Meet					
Northdale					
17	18	19	20	21	
Practice moved to Tuesday	Practice:				
due to conferences	3:15 - 5:00				
24	25	26	27	28	
Meet:					
Oakview					
31					
Practice:					
3:15 - 5:00					

November					
Monday	Tuesday	Wednesday	Thursday	Friday	
	1	2	3	4	
7	8	9	10	11	
Practice:					
3:15 - 5:00					
14	15	16	17	18	
Practice:					
3:15 - 5:00					
21	22	23	24	25	
Meet					
Roosevelt					
28	29	30			
Practice:					
3:15 - 5:00					

December					
Monday	Tuesday	Wednesday	Thursday	Friday	
			1	2	
5	6	7	8	9	
	Practice:				
	3:15 - 5:00				
12	13	14	15	16	
Meet					
Anoka					
19	20	21	22	23	
Practice:					
3:15 - 5:00					

January					
Monday	Tuesday		Wednesday	Thursday	Friday
2		3	League 2010 Seas 4	5 5	6
	Practice:				
	3:15 - 5:00				
9	1	10	11	12	13
Meet					
Coon Rapids					
16	1	17	18	19	20
23	2	24	25	26	

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